

Appointments

Monday: 9:00 AM to 5:00 PM

Wednesday: 9:00 AM to 5:00 PM

Friday: 9:00 AM to 5:00 PM

Homeopathic referrals

Homeopathy is **effective often within hours** in **acute diseases**:

Influenza, bronchitis, pneumonia, gastroenteritis, injuries, shock, and even fright.

Most appropriate for referral is the full range of **chronic diseases**:

Allergies, asthma, eczema and other dermatitis, migraines or stress headaches, hypertension, angina, cardiac arrhythmias, peptic ulcer, Crohn's disease, ulcerative colitis or spastic colitis, hepatitis, chronic fatigue syndrome, fibromyositis, lupus, hyper- or hypo-thyroidism or thyroiditis, all types of arthritis, multiple sclerosis, Parkinson's disease, and all types of psychiatric disorders from schizophrenia to psychosomatic conditions, to neuroses.

Homeopathy is effective at all ages as well. Good candidates for homeopathy are cases in which no clear conventional diagnoses can be made. Basically, homeopathy relies on the individual symptomatology picture to select the curative remedy, thus bypassing the need for extreme conventional diagnostic accuracy, in certain conditions.

Fee Schedule

All new patients undergo an Initial Homeopathic Assessment. This includes a **body composition analysis** checking **body fat percentage** and a **nutritional intake evaluation**. The total cost for the **Initial Homeopathic Assessment** is **\$199.00** A **Follow-up Visit** costs **\$79.00**. It is worth mentioning that in Toronto, **Medically Qualified Homeopaths** are charging up to **\$399.00** for an Initial Homeopathic Assessment.

Your health is an investment, not an expense!

This clinic is not an affiliate or member of any particular insurance plan. However, we will give you an itemized statement with all the necessary information for you to submit to your insurance company for reimbursement.

New Patients: **Initial Homeopathic Assessment** takes no less than **1.5 hours**

Homeopathy, like other medical services is not covered under the public provincial Health Insurance Plan (OHIP). However, most private Extended Healthcare Plans reimburse Homeopathic Medicine services.



Toronto Homeopathic Teaching Clinic

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HOMEOPATHIC MEDICINE

SCIENCE AND ART OF NATURAL HEALING

DUAL TRAINING
Conventional & Alternative Medicine



Dr. Chris Caraman
Homeopath

*European Medical Doctor with
postgraduate training in Internal Medicine
Canadian postgraduate training in
Complementary/Alternative Medicine*

Personalized Patient Care

Your Homeopathic Doctor

Chris Caraman holds a European **Medical Doctor** Degree evaluated by the University of Toronto as equivalent to a Medical Degree from a reputable Canadian University, having over twenty years of practice experience. He qualified in medicine at University of Bucharest Medical School. He completed a 3-year rotating internship in **Internal Medicine** with **competence in Homeopathy**.

In Europe, Homeopathy plays such a significant role in medical treatment that it is now part of mainstream medicine and is no longer considered alternative therapy. Since in Ontario the College of Physicians does not endorse Homeopathy, considering it alternative medicine, Dr. Caraman continued his studies in **Holistic Medicine Therapeutics** by attending for one year Post-Graduate courses in: **Homeopathy, Traditional Chinese Medicine & Acupuncture, Phytotherapy** (Herbal Medicine), **Clinical Nutrition, Psychology & Counseling**, at the Canadian College of Naturopathic Medicine in Toronto.

Dr. Caraman also attended a 2-year **Post-Graduate advanced program for Physicians** at the Homeopathic College of Canada, which addresses at expert level the **Homeopathic Pharmacology & Therapeutics** in the areas of: **Internal Medicine, Pediatrics, Gynecology, Obstetrics, Psychiatry, Behavioral Science, Dermatology, Geriatrics, Oncology, Immunology** and leads to an **advanced specialization in Homeopathic Medicine**.

Dr. Caraman earned the **Homeopathic Doctor** designation as part of the certification process and maintains a private practice in Toronto.

Natural Healing

The term "**natural healing**" means stimulating the body to heal itself. Homeopathy is the proven way to better health. It is gentle, non-invasive and effective. It is a completely natural way to get - and stay - healthy!

Poor health can be treated effectively while still at the stage of "I know there's something wrong, but no-one seems to be able to find anything"

Homeopathic Principles

The basic concept is that symptoms are manifestations of the organism trying to heal. In **acute diseases**, the fever, the malaise, the pain, are attempts to kill an offending agent and expel the toxins while encouraging the person to slow down and rest. In **chronic diseases**, the arthritis, migraines or hypertension are attempts to heal, which are not succeeding; hence, the **dis-ease** is chronic.

The basic principle, suggested first by **Hippocrates**, and verified by vast clinical experience is: "Similia Similibus Curentur", or **Like Cures Like**. A substance that produces symptoms in a healthy person will cure those very symptoms in a sick person.

The principles underlying the specialty of Homeopathy have been systematically proven throughout two centuries of practice and validated by over 200 scientific studies meeting modern criteria of acceptability, published in prominent medical journals such as *The Lancet*, and the *British Medical Journal*.

Dual-training Integration

Dr. Caraman's very rare dual training in both **Conventional** and **Alternative Medicine** guarantees the highest degree of integration for both clinical schools of thought into a unique, comprehensive, modern and efficient healing concept.

Distance Consultation

Since 90% of the patients seeing a Homeopath have the diagnoses already established and the relevant investigations and tests completed by that time, Homeopathic Medicine is inherently most suitable for the novel and agreeable concept of Distance Consultation i.e. Telephone/Videophone/Internet Consultations.

Professional Affiliations



Homeopathic Medical Council of Canada



ONTARIO HOMEOPATHIC ASSOCIATION



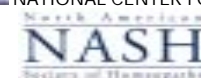
Canadian Complementary Medical Association



UNINTED KINGDOM -
HOMEOPATHIC MEDICAL ASSOCIATION



NATIONAL CENTER FOR HOMEOPATHY



North American Society of Homeopaths